



MENU

€23 per person per day

BREAKFAST OPTIONS-

Breakfast Bap- Butcher sausages, bacon, free range eggs, served on a toasted artisan brioche bun with Ballymaloe relish.

Vegetarian breakfast wrap- Scrambled egg, tomato relish, sautéed spinach and cherry tomatoes served on a lightly toasted wrap.

Vegan breakfast- Good Food Truck beans, cherry tomatoes, mushrooms, and sliced avocado.

Cold Options- Natural Greek style yogurt

- Grilled halloumi cheese
- Fresh Fruit
- Granola or Muesli
- Freshly baked breads and pastries
- Fresh juices



LUNCH OPTIONS-

- Creole spiced butterfly chicken served with crunchy veg and baby potatoes.
 - Cajun crusted fillet of salmon with a fresh mint and lime yogurt.
 - Thai green chicken curry with oriental greens served on ginger infused rice.
 - Lean ground beef lasagne with fresh basil and finished with a red onion and mozzarella topping.
 - Oriental chicken stir-fry with pox choi, crunchy veg and fresh egg noodles.
 - Pan fried fillet of sea bass infused with lemon, ginger, and spring onion.
 - Slow roasted lamb with a potato, sage, and mint stuffing.
 - Sheppard's pie topped with a creamy mash and glazed with low fat cheese.
 - Penne pasta with chorizo, sun dried tomatoes, baby rocket finished with fresh parmesan shavings.
 - Roast prime beef with black pudding and champ mash with fresh relish.
 - Hickory smoked bbq meaty back ribs with a honey bbq syrup.
 - Dahl curry, lentils, chickpeas, sweet potato, fresh herbs, and spices served with roti bread.
 - Maple and honey glazed loin of bacon with mustard and parsley cream served with buttered cabbage.
 - Beef and Guinness stew served with creamy mash.
 - Spicy beef meatballs served on a bed of tagliatelle pasta.
 - Falafel skewers served on a bed of lemon and ginger infused rice.
 - Baked fillet of chicken stuffed with sundried tomato and wrapped in smoked bacon served with a light jus.
- Asian beef stir-fry with crunchy veg and coconut rice.





DESSERT-

- Banana bread and butter pudding
- Sticky toffee and date pudding
- Fresh berry cheesecake
- Banoffee pie
- Chocolate fudge cake
- Muffin and chocolate sauce

EVENING SNACK-

- Homemade seasonal veg soup
- Selection of freshly made wraps and sandwiches

TEA AND COFFEE-

- Tea and coffee to run all day with selection of luxury biscuits and fresh fruit.

